

# FRANCESCA (CESSA) BETANCOURT

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## DIRECTING & CHOREOGRAPHY [THEATRE]

Production	Role	Company / Location
PEELING	Movement Director	Sound Theatre Co / Seattle, WA
FOG	Director	HERON Ensemble / Seattle, WA
IRL: BuzzFeed	Choreographer	the horse in motion / Seattle, WA
The Earth Shakes	Choreographer	HERON Ensemble / Seattle, WA
Nadeshiko	Assistant Director	Sound Theatre Co/ Seattle, WA
Danny & the Deep Blue Sea	Choreographer	HERON Ensemble / Seattle, WA
The Nina Variations	Choreographer	HERON Ensemble / Seattle, WA
All Shook Up	Choreographer	Forest Ridge HS / Seattle, WA
Charmed	Assistant Director	Taffety Punk Theatre Co / Washington, D.C.

## DIRECTING & CHOREOGRAPHY [FILM]

Title	Role	Company / Location
Caravan	Choreographer	The Seven Tones Project / Remote
Customers Only	Choreographer	Independent Music Video / Seattle, WA
Sleepless	Director/Choreo	6 AM Films / Seattle, WA

## PRODUCING [THEATER]

### **she is FIERCE: stories from the female and genderqueer perspective**

November 2016 - Present / Seattle, WA

Artistic Director, Co-Founder, Lead Producer

### **HERON Ensemble**

August 2016 - Present / Seattle, WA

Ensemble Member, Co-Founder

## EDUCATION & TRAINING

### **B.A. in Theatre Arts and Sociology, Western Washington University, Bellingham, WA**

Rich Brown: Grotowski, comic combat, Suzuki, Viewpoints, devising and composition, Commedia Dell'Arte

Maureen O'Reilly: Moliere, Shakespeare, dialect and diction

Jim Lortz: Stanislavsky, solo performance

Mark Kuntz: directing

### **M.A. in Applied Theatre, City University of New York, New York City**

One semester of training

#### **Workshops and Master Classes**

**The Margolis Method** Kari Margolis

**Dell'Arte International** Matt Chapman

**The Society of American Fight Directors** Rob Hunter

**Artists Striving To End Poverty** Abby Gerdts

**Accessibility & Disability in Theatre** Sara Morgulis and Jerron Herman

**Racial Trauma in the Rehearsal Room** Intimacy Coordinators of Color

**Anti-Racist Theatre** Nicole Brewer

**Moving Body Arts** Trauma Informed Intimacy

#### **Intiman Emerging Artist Program**

Andrew Russell, Jehan Osanyin, Kevin Lin, Erin Murray, Valerie Curtis-Newton, Alice Gosti, Lily Raabe

#### **First Aid Arts** (trauma informed arts facilitation)

Certified in the Healing Arts Toolkit

#### **Theatrical Intimacy Education**

24 hours of training in best practices and studio techniques in intimacy direction, race and intimacy, and intimacy coordination for film

## SPECIAL SKILLS

- Dance (intermediate modern, lyrical and hip hop, basic ballet, tap, choreography)
- Voice (alto)
- basic Piano and Ukulele
- Devising and Composition
- Intimacy direction
- Puppeteering
- intermediate Spanish
- Teaching (all ages)
- Dialect (contemporary and RP English, Irish, Russian, regional United States)
- basic hand to hand stage combat
- certified in Mental Health First Aid
- trained in abuse prevention, racial/gender equity practices, accessibility, and inclusivity

## AWARDS / ACCOMPLISHMENTS

Grant recipient of the 2018 GAP Award from Artist Trust, ensemble nominee for People's Choice Award at the 2018 Gregory Awards, Irene Ryan nationalist at the Kennedy Center American College Theatre Festival 2012, WWU MAP Award recipient 2008-2012